

# Color Lindsborg

ILLUSTRATED BY CARLA WILSON



Lindsborg  
Community Hospital  
Salina Regional Health Center

*Partners caring for the health of  
the Smoky Valley communities.*



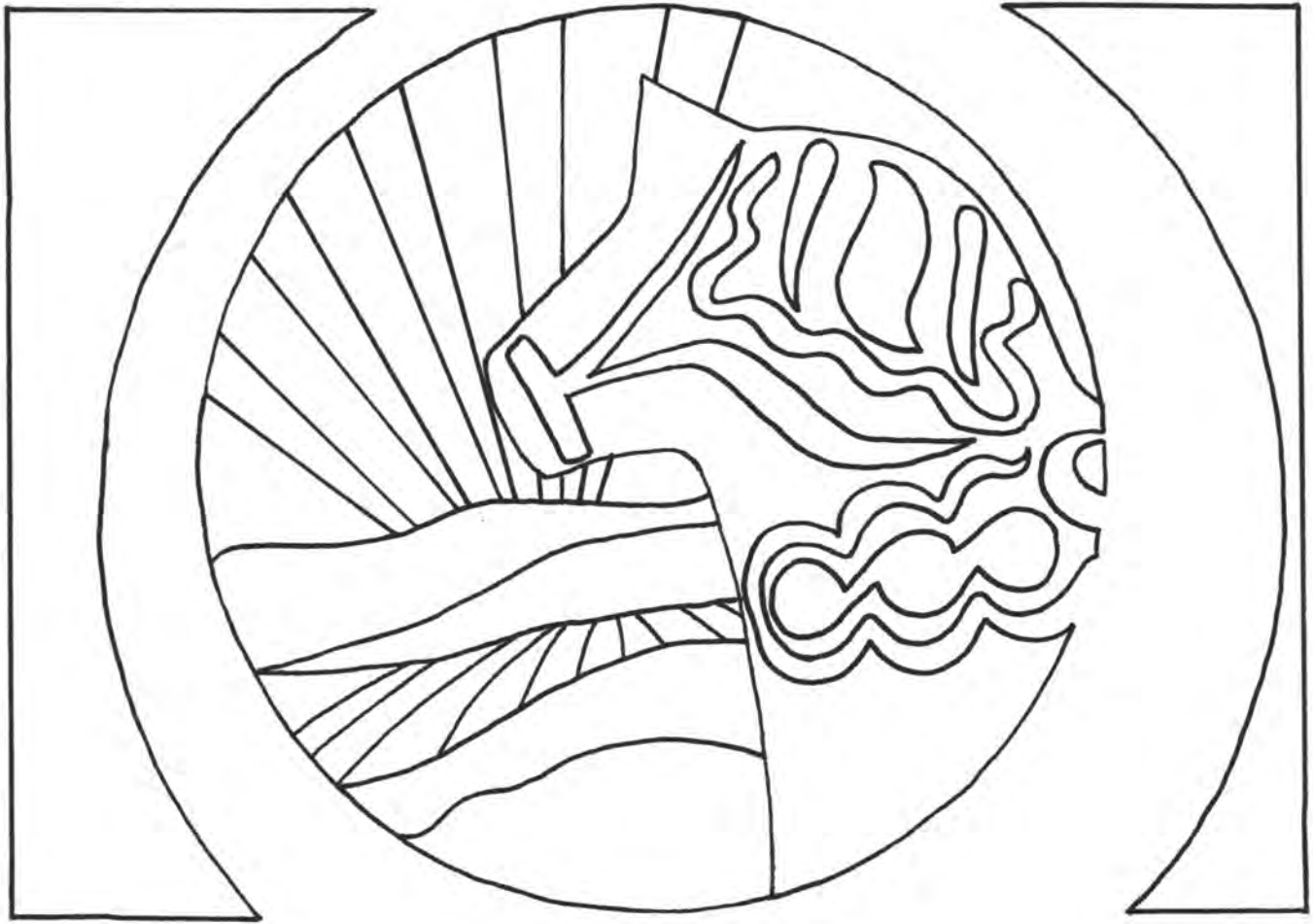
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# Lindsborg City Flag

ADOPTED IN 2018

Blue Background with Gold Rays - Colors of the Swedish Flag.

Blue Water (past) - Represents immigration from Sweden to the United States.

Green Land (present) - Represents Lindsborg as a viable community on the Kansas prairie, giving credit to Smoky Valley settlers that worked countless hours to establish arable farmland, successful schools and places of worship and fellowship.

Gold Sky (future) - Represents Lindsborg's future and sustained efforts to be a progressive and vibrant community.

Red Dala Horse - Represents Lindsborg's Swedish heritage, the established symbol for the Lindsborg community.

# Map of Sweden

## LINDSBORG'S MOTHER COUNTRY

On this map you see boundaries that mark different provinces, much like a map of the United States includes boundaries for each state.

The shaded province is the province of Värmland, the area of Sweden that people left to come to Lindsborg.

The "S" on the map marks Sunnemo, where Olof Olsson, the man that brought 125 Swedes to the Plains of Kansas, was from. Olof was only 28 years old when he came to the United States, not only helping to found the town of Lindsborg, but also working as the pastor of Bethany Lutheran Church.

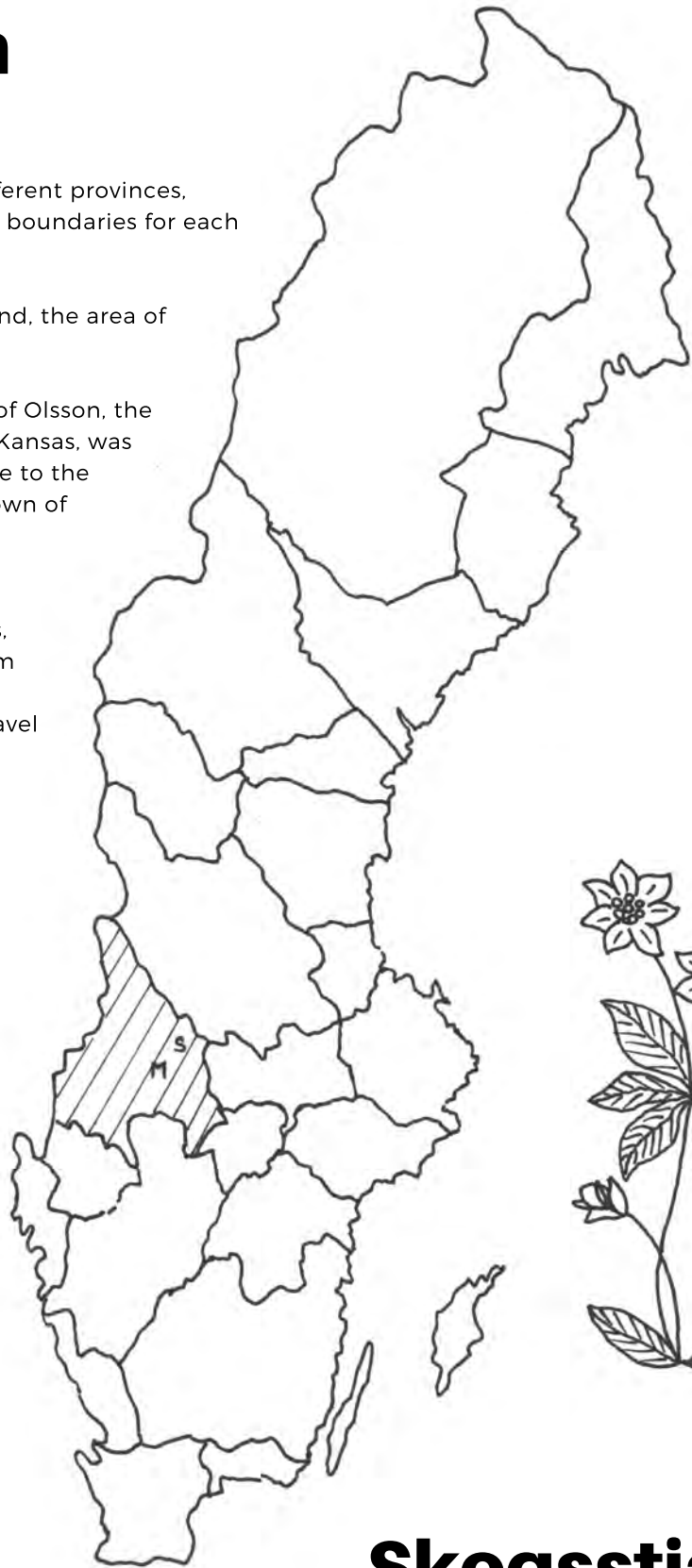
The "M" on the map is the location of Munkfors, Lindsborg's sister city. Community leaders from both Munkfors and Lindsborg communicate during the year and city officials sometimes travel to their sister city for events.

## Did you know?

### FUN FACTS ABOUT SWEDEN

1. The country of Sweden is almost the same size as the state of California.
2. If you turn the map of Sweden upside down, the province of Värmland is shaped like the face of a wolf.

After being hunted to extinction in this part of Sweden, the wolves began to make a comeback in the early 1980's. Three wolves migrated from the Russian-Finnish population all the way to the province of Värmland. These wolves founded the new wolf population and today there are more than 300 wolves in more than 40 different family groups.



## Skogsstjärna

VARMLAND'S PROVINCE FLOWER



# Lindsborg Svensk Folkdräkt

## LINDBORG'S OFFICIAL FOLK COSTUME

The women's outfit includes a high-collared white blouse and green ankle-length skirt over which are worn a yellow linen vest trimmed in blue and a white apron with a floral design. The men's costume consists of olive green trousers and a white shirt worn underneath a red vest. Both men and women include a red patterned neck rag in their ensembles. Women, girls and boys (who don knee-length trousers) also wear white stockings.

The colors of the costumes are all colors that remind us of: green - Smoky Valley agriculture; blue - Sweden, the ocean voyage of immigrants and the beautiful Kansas skys; yellow - Sweden, the shining Kansas sun and sunflowers; red - brick streets and Dala horses.

The outfits are accented with silver buttons resembling smashed buffalo-head nickels.

The costume's colors, cuts, fabrics — even the hats and buttons — tell a vivid story at a glance of Lindsborg's history and culture, both Swedish and American,





# Kurbits

## SWEDISH FOLK PAINTING

Kurbits are traditional symbols of gourd plants. Beginning in the 1700's, Swedes began to decorate household walls, cabinets, and furnishings with kurbits.

Why gourd plants? They remind Swedes of the biblical story of Jonah, who rested under the leaves of a large gourd plant that God placed in the desert for Jonah's protection. The kurbits came to represent protection and safe passage in Swedish folk painting.

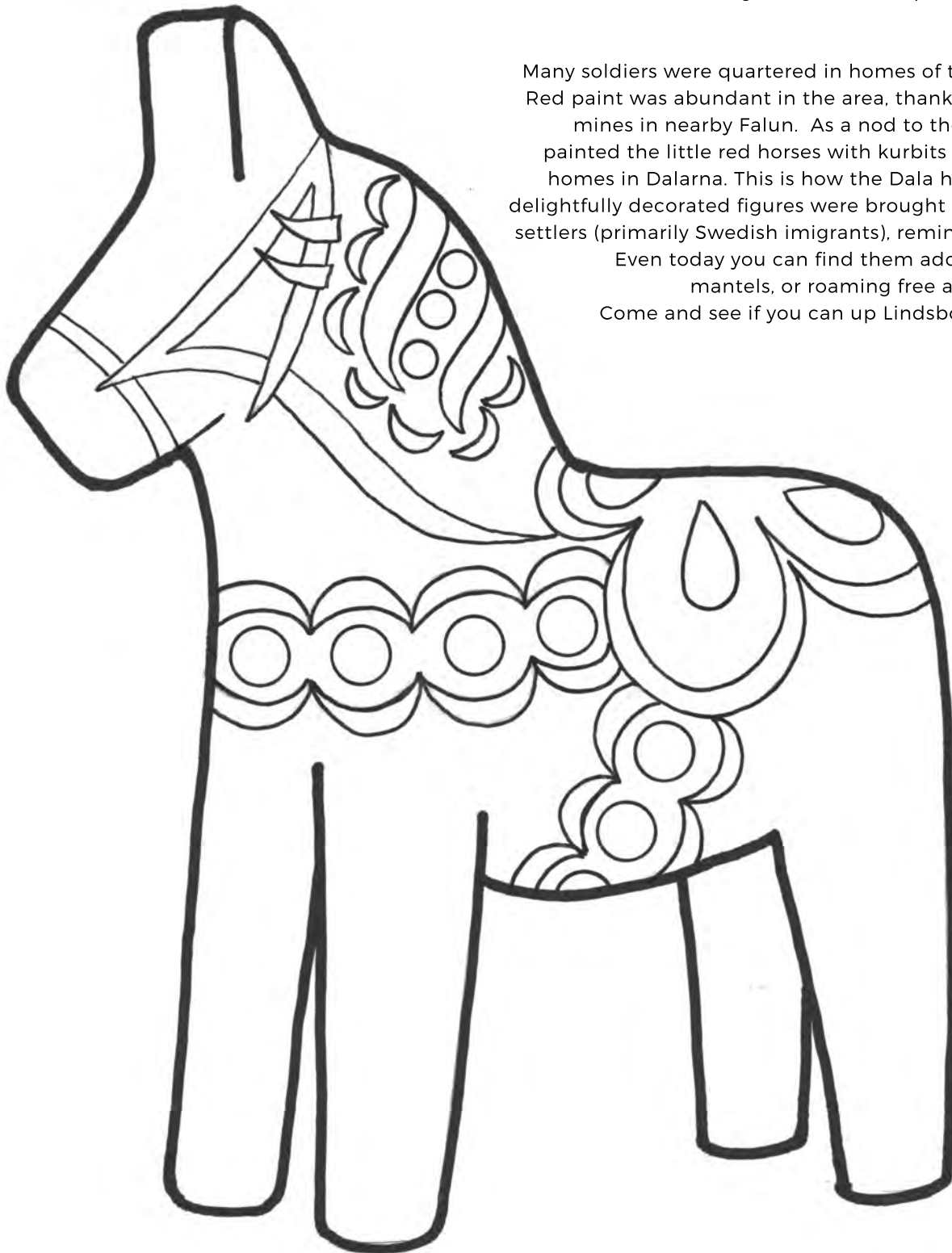
# Dalahäst

## DALA HORSE

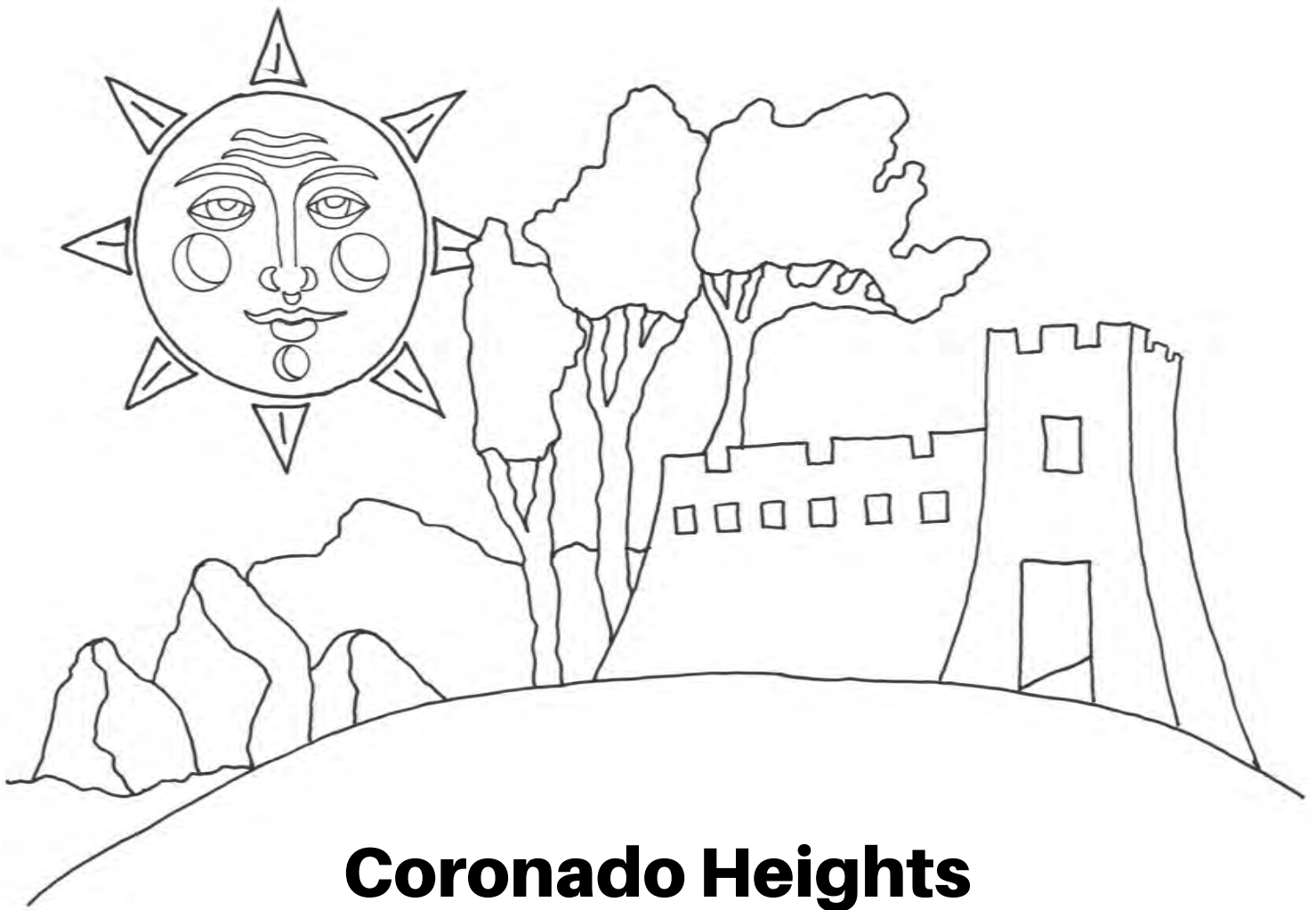
Early Norsemen considered the horse a holy animal and often carried a likeness for luck. In the 1700's, during a period of war and famine, soldiers began to carve and paint the horses to trade for food and goods.

Many soldiers were quartered in homes of the Dalarna province. Red paint was abundant in the area, thanks to the large copper mines in nearby Falun. As a nod to their hosts, the soldiers painted the little red horses with kurbits that often decorated homes in Dalarna. This is how the Dala horse came to be. The delightfully decorated figures were brought to Lindsborg by early settlers (primarily Swedish immigrants), reminding them of home.

Even today you can find them adorning front porches, mantels, or roaming free and wild about town. Come and see if you can up Lindsborg's Wild Dala herd!







# Coronado Heights

## SMOKY VALLEY LOOKOUT POINT & SPANISH STYLE CASTLE

In 1920, while watching the setting sun on golden wheat fields below, a friend of the Bethany College President remarked, "Here, indeed, is the gold for which the explorer Francisco Vázquez de Coronado had been searching for nearly four hundred years ago. Why not call this 'Coronado Heights?'"

Rising 300 feet above the valley floor, Coronado Heights is the southernmost of seven natural Dakota Sandstone bluffs, extending north of I-70. Providing a breathtaking view of the Smoky Valley, Coronado Heights has been enjoyed by locals and visitors alike for generations.

During the Great Depression, with assistance from the federal government-sponsored Work Progress Administration (WPA), native sandstone structures were built on top of Coronado Heights. The Spanish style castle provides a fun climb to view the valley below.

This coloring page of Coronado Heights also honors to two famous Lindsborg artists. Birger Sandzén was born in Blidsberg, Sweden in 1871. In 1894, he came to Bethany College to teach languages and assist in the art department and vocal music department. Well known for his landscapes, he created many prints and paintings, and his work can be viewed at the Birger Sandzén Memorial Gallery as well as museums around the world.

The sun in this sky is a representation of artist Lester Raymer's work, which can be viewed at the Red Barn Studio Museum. Lester worked with many different materials and upcycled many items to create beautiful pieces of artwork. Stop by his gallery to see the large collection of mechanical toys he created as gifts for his wife, Ramona.



# Bethany College

## SWEDES

Bethany College, was established by Swedish Lutheran immigrants in 1881, as a college of the Evangelical Lutheran Church in America (ELCA). Swedish-Lutheran settlers worked with the Rev. Dr. Carl Aaron Swensson, Bethany's founder, to establish Bethany Academy on October 15, 1881, in the sacristy of Bethany Lutheran Church with ten students. Growing rapidly, Bethany evolved from Academy through 1885, to Bethany Normal Institute in 1887, to Bethany College in 1889.

## FUN FACTS---

Since 1903, students and alumni have rallied Bethany athletic competitions with the "Rockar! Stockar!" cheer.

Every year since 1882, Bethany Oratorio Society has presented Handel's Messiah at the college, the longest-running annual performance of the Messiah in North America.

# Smoky Valley

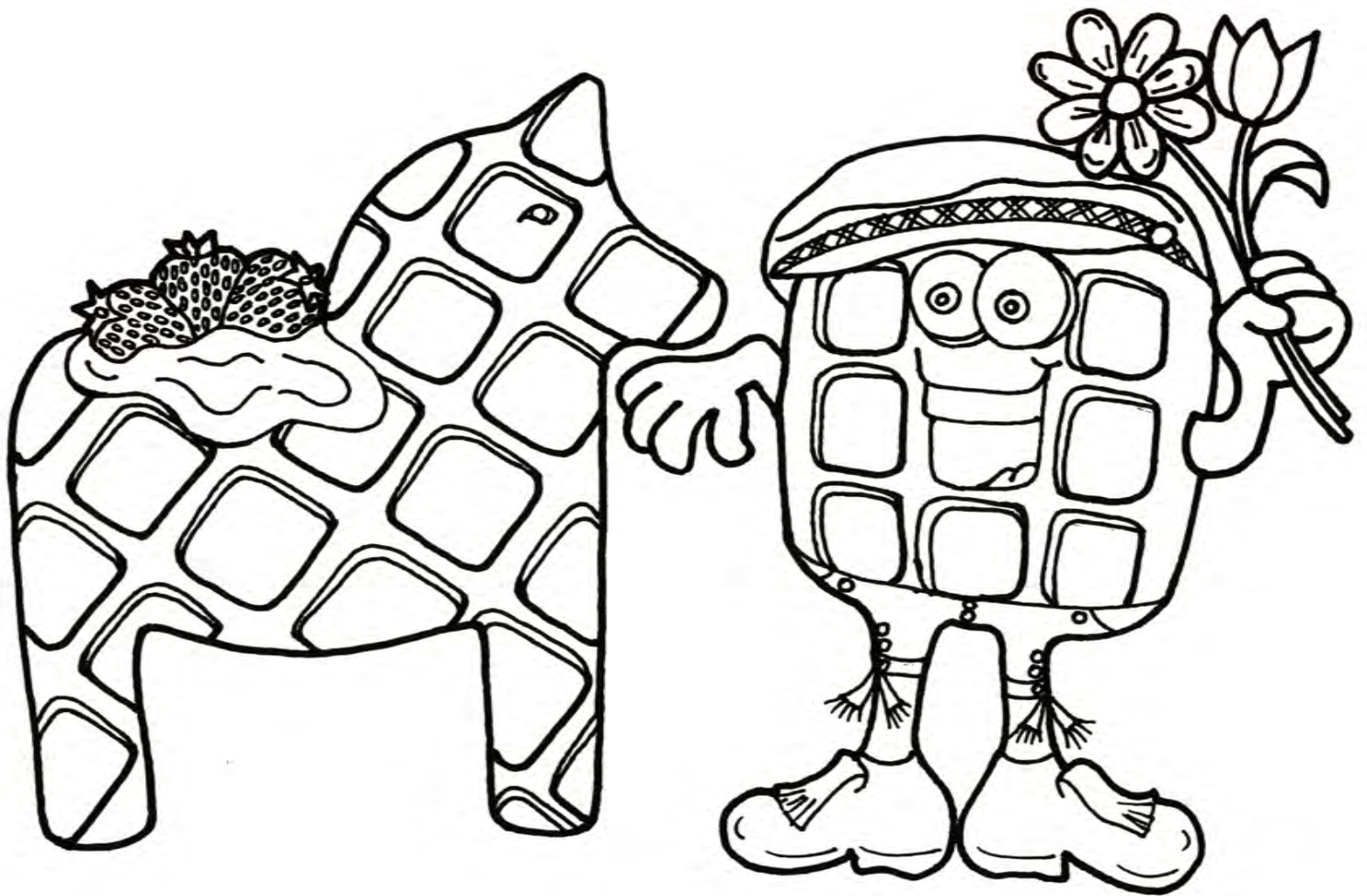
## VIKINGS

The Smoky Valley school system salutes its Swedish heritage. with its viking mascot!

Smoky Valley Schools provide students with the finest educational opportunities, hands-on technology, outstanding fine arts programs and an excellent learning environment. The laptop initiative at SVHS as well as the Virtual Charter School provide online support, immediate access and expanded resources. USD #400 provides a wide variety of sport activities as well as many opportunities for students to become involved in the arts. With the outstanding combination of a well-rounded liberal arts education combined with a sophisticated high-tech environment, it's easy to see why the Smoky Valley Public School System is one of the best places to educate children in the State of Kansas.





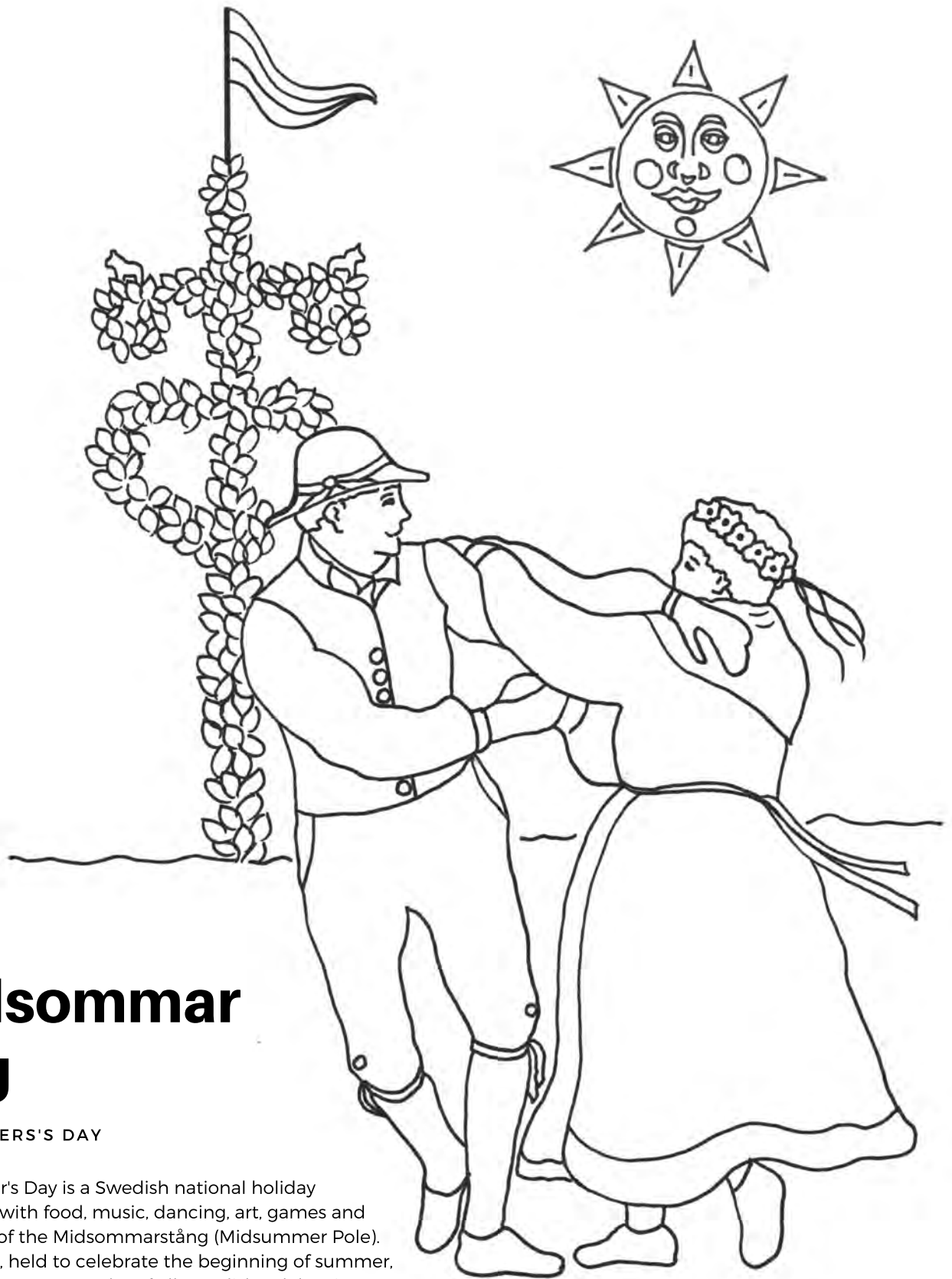


# Våffeldagen

## WAFFLE DAY

Originating in Sweden, Våffeldagen celebrates the day when the Northern Hemisphere turns away from winter and looks toward spring. The name originates from the mispronunciation of Vårfrudagen ("Our Lady's Day"), typically celebrated nine months prior to Christmas.

In true tongue-in-cheek Swede style, Våffeldagen took off as only it could in a creative little town founded by Swedish immigrants. On one waffle-y Swede day, late in March, Lindsborg's downtown businesses embrace the fun. You will find yummy hot waffles, waffle-y treats, songs about waffles, waffle games, and roaming waffle people around every corner.

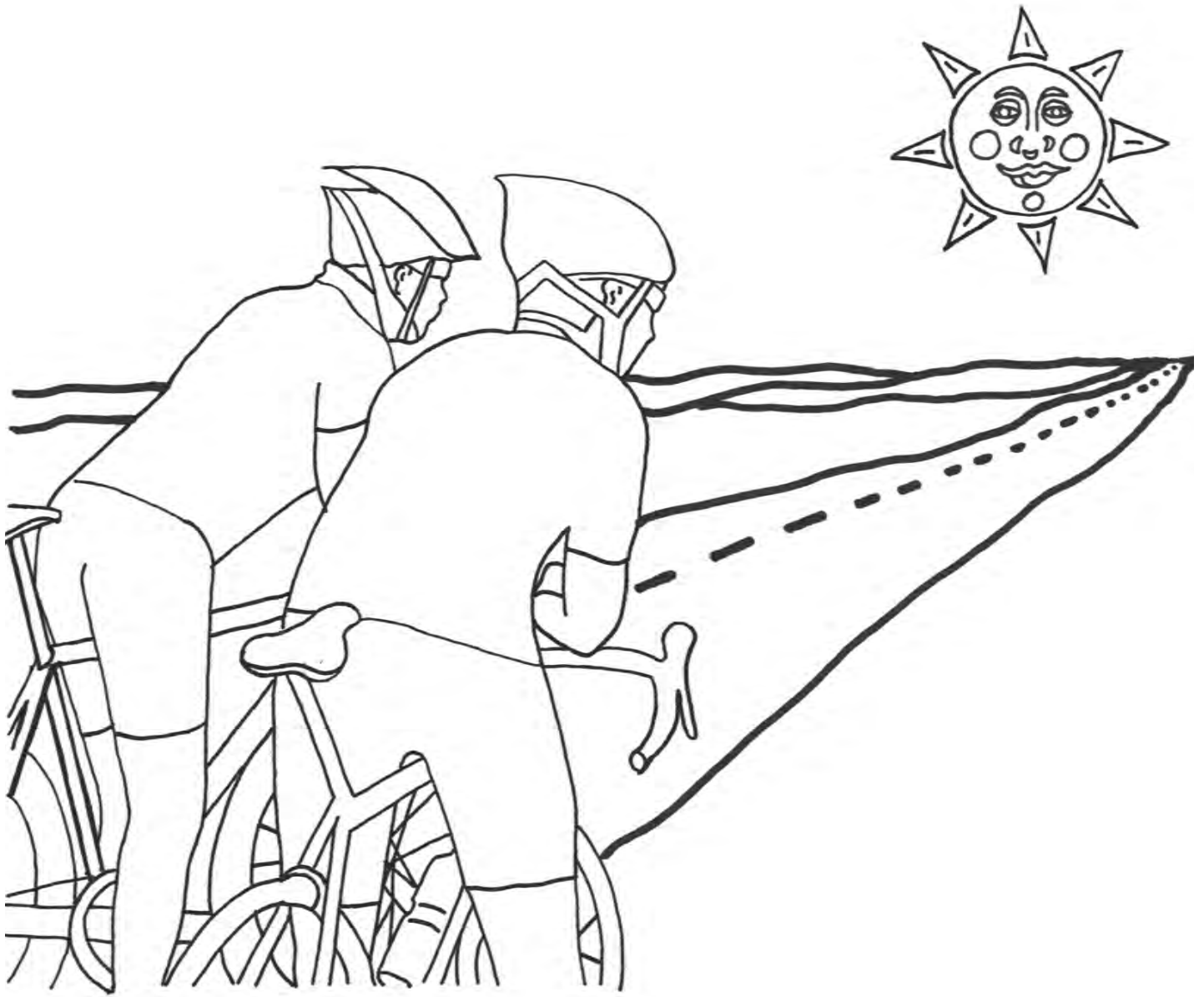


# Midsommar Dag

## MIDSUMMERS'S DAY

Midsummer's Day is a Swedish national holiday celebrated with food, music, dancing, art, games and the raising of the Midsommarstång (Midsummer Pole). This festival, held to celebrate the beginning of summer, is one of the most popular of all Swedish celebrations.

Lindsborg celebrates Midsummer's Day with a festival held on the third Saturday of June. There is often live entertainment throughout the day for all ages, the making of blomkrans (crown of flowers), Kubb games, and more. The Lindsborg Swedish Folk Dancers and Folksdanslag perform Scandinavian dances in Swedish costumes. There will be plenty of opportunities for you to join in the dancing, especially around the Midsummer Pole in Heritage Square!



# The Falun Classic

## 32-MILE FUN RIDE

The Falun Classic is an annual, October, bicycle ride that starts and ends in Lindsborg. The ride offers cyclists of all abilities a 32-mile loop through the beautiful Smoky Valley and the town of Falun, on paved roads. The ride begins and ends at the Swensson Park in Lindsborg located on North Main Street.

The Falun Classic is sponsored by the McPherson Area Cyclists and helps raise funds for local cycling infrastructure and advocacy work.





# Christmas in Lindsborg

STARBOY • SAINT LUCIA • JULTOMTEN • JULBOCK

From Old-Fashioned Christmas at the Smoky Valley Roller Mills and Heritage Square to St. Lucia Festival, Lindsborg celebrates its heritage. Kids of all ages enjoy joining in the Snowflake Parade fun! Watch closely and you will see the traditional Jultomten or Julbock.

The word Jultomten combines the Swedish word for Christmas, Jul, with the word tomten, which means the household fairy or elf. The Jultomten often looks like a gnome with a white beard and pointed red cap. On Christmas Eve the Jultomten knocks on the door with a sack of presents and asks, "Are there any good children here?" and gives gifts to those that have left him tasty treats.

If you've ever spent the holidays in Sweden, then you'd recognize this common Christmas decoration – the julbock or Christmas goat. Usually made out of straw and sitting on a table, but sometimes as a candle holder, an ornament in the tree, depicted on Christmas cards or table clothes — goats are largely associated with Christmas in Sweden.

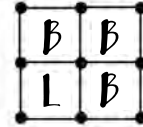
Many years ago, during a terrible famine, a well-lit ship on Lake Vannern approached the shore carrying a woman at the helm dressed in white with a glow around her head. Having heard the Italian version the starving people thought it could be Saint Lucia coming to save them from this terrible famine. Many Swedes believe that the Swedish version of the legend has to do only with the fact that Lucia comes from the root word "Lux" which means light.

In Swedish families, the eldest daughter dresses in a long white gown with a red ribbon tied at the waist. She dons a crown of fresh greens and lit candles on her head and serves her family an early morning treat coffee and Lussekatter (Lucia buns). Lucia can be attended by younger siblings, girls (attendants) in white robes with tinsel around their waists and heads, and boys (starboys) in white robes, cone hats, and carrying stars.

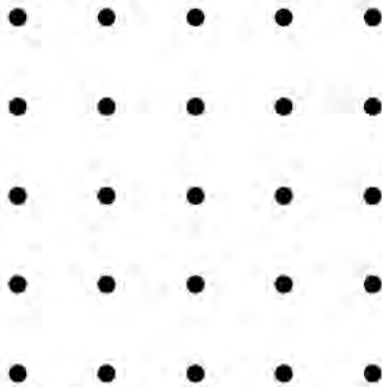
# Dots and Boxes

Play: Each player takes turn drawing one line between two dots (no diagonals!) If that line completes a square, the player writes their initial in the box and draws another line. Play continues until all dots have been connected. The player with the most boxes wins!

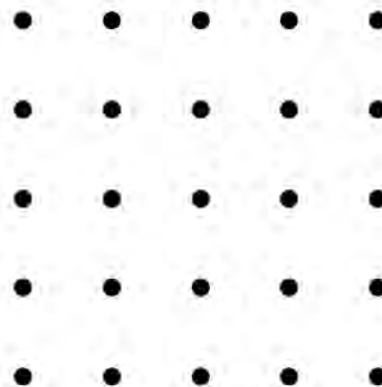
Sample: B wins!



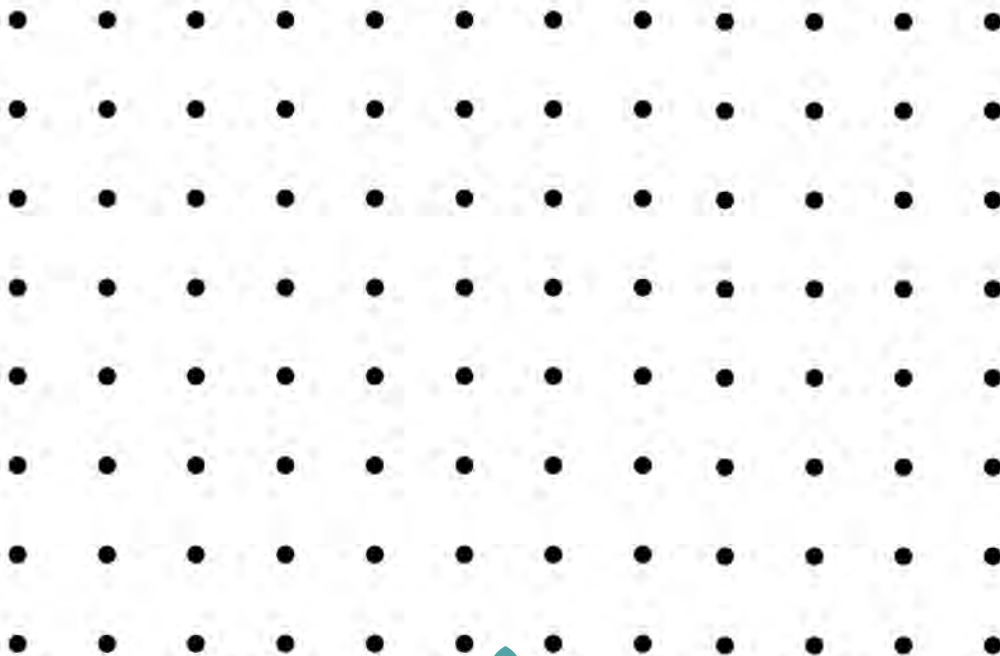
## Game 1



## Game 2



## Game 3



# Wild Dala Scavenger Hunt

Write the name of each Dala Horse you find that matches the picture.



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*How many did you find?*



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